



One Day Workshop  
on

# Life Skills & Personality Development



Resource Person



Mr. Amar Mithapalli



In collaboration  
with Dept. of  
Sociology & under  
MoU with Maulana  
Azad College,  
Chhatrapati  
Sambhaji Nagar



06/02/2024



11:00 AM IST



Multimedia Hall, Vasantao Naik  
Mahavidyalaya, CIDCO,  
Chhatrapati Sambhaji Nagar - 431003,  
Maharashtra



Assistant Professor, Head of Dept.  
Fashion Design, Fashion Designer  
& Fashion Choreographer,  
Avantika University, Ujjain,  
Madhya Pradesh

## Objective:

To impart the values of nurturing the personalities among the students & to help maintain an ideal balance amid curricular, extracurricular and sports activities, thereby enhancing their personality and life skills.



## Context

- ➔ Enhance Self-Confidence
- ➔ Improve Communication Skills
- ➔ Leadership Skills
- ➔ Stress Management
- ➔ Time Management
- ➔ Professional & Overall Personal Growth
- ➔ Enhance Presentation Skills
- ➔ Etiquette and Manners
- ➔ Positive Self-Image
- ➔ Personal Grooming
- ➔ Problem Solving Skills
- ➔ Team Building Skills

## Instructions:

- ➔ Open to teachers & Students of all Faculty.
- ➔ Free Registration.
- ➔ Certificate of Participation after attendance for sessions.

## Supported By:

- Vasantao Naik Shikshan Prasarak Mandal.
- Vasantao Naik Mahavidyalaya, Chhatrapati Sambhaji Nagar.

## Organized by:

- ◆ Dr. Snehalata Ankaram, Dept. of Zoology, Vasantao Naik Mahavidyalaya.
- ◆ Dr. Devraj Darade, Dept. of Sociology, Vasantao Naik Mahavidyalaya.
- ◆ Dr. J.D.Shaikh, Dept. of Zoology, Maulana Azad College of Arts, Commerce & Science.